



Certificate in Solution Focused Practice

NCFE accredited
IASTI recognised

Liverpool
Courses throughout the year

Does your job involve helping people?
Do you want to help more quickly & effectively?
Do you want your work to be rewarding & enjoyable?

If you answered yes to these three questions, then this course may be for you!

Solution Focused Practice is a way of having conversations that *promote positive change*. It can be used effectively and safely by anyone whose job involves helping people (individuals or teams) to move on in their desired direction, or become 'unstuck'. It is ideal for people working or interested in counselling and 'talking therapies', education, management, coaching, social care, physical and mental health, substance use, housing, youth work, and similar.

The solution focused approach has an appealing *simplicity* and *lightness of touch*, while being deceptively *powerful and effective* in a relatively *short space of time*. It is based upon sequences of questions that invite people to think and talk in detail about *what is wanted* and *what is working*.

The approach is relatively easy to grasp, and fun to learn, while requiring a certain amount of rigorous practice to ensure the development of confidence and skill in its use. This course provides a stimulating, varied and active route both to developing an understanding of the approach and its origins, *and* building useable skills that can be put into practice immediately in the workplace.

The course is delivered over three months: two consecutive days followed by two more consecutive days a month later and a final day a month after that.

Dates: *Contact us for more information about dates. Details below.*

Place: *54, St James Street, L1 0AB (pictured above!)*

For further information on cost, course content and structure please contact
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